# Memory Verse Hand Motions

# THEME SONG

#### Romans 12:2

\* Act like a Roman soldier holding up a spear. Flick two fingers with palm facing inward for the 12. Drop hand with 2 fingers down slowly.

#### Do not conform to the pattern of this world,

\* Act like a robot.

# but be transformed

\* Bend down a little. Hold hands into chest with clenched fists, then stand up, arms extended high and wide open to show transformation.

# by the renewing of your mind.

\* Tap forehead with fingers.

# Then you

\* Point outward to "you."

# will be able to test and approve

\* Left hand flat. Right hand draws a check mark on left hand.

#### what God's will is—

\* Palms up, fingers curled (to show "want"). Starting up high, slowly lower this hand position showing it is God's will that we are receiving with a renewed mind.

#### his good,

\* Right hand flat, fingers touching chin, then hand moves from chin to other hand. This is the sign language sign for "good."

#### pleasing

\* One hand on tummy, the other hand over the heart, make both hands go around like a bear rubbing it's tummy after eating honey—this is the sign for "pleasing."

#### and perfect will.

\* Palms up, fingers curled (to show "want"). Starting up high, slowly lower this hand position showing it is God's will that we are receiving with a renewed mind.



# Opening:

\* Snap fingers, nod head, sway.

#### Yet to all who did

\* Palms up, hands together go down a little, up, then out and down a little showing "all."

#### receive him,

\* Clasp hands over heart to show receiving of Him.

#### to those

\* Pointer fingers point out to "those."

## who believed in his name,

\* Pointer finger right hand taps forehead/ temple, then clasp hands. This is the sign language sign for "believe."

#### he gave the right to become

\* Open hands swoop down and draw upward over tummy, stopping over your heart to show the receiving of Him.

#### children of God.

\* Palms down, bouncing on invisible children's heads, then raise hands up to God.

### John 1:12

\* First finger shows 1. For 12, turn palm to self, flick the first and second fingers a couple times (this is sign language for 12).

# Whistling part:

\* Children can whistle, snap, act like they're walking on a sunshiny day, dance in a circle, whatever shows the peace and happiness that comes when we receive Him and become children of God.

# DAY 2

# Opening:

\* Snap, sway, smile, then sing!

# My sheep

\* Palms down, bounce both hands a couple of times to show tapping on the heads of children (God's sheep are people).

## listen to my voice;

\* Cup hand over one ear on the word "listen," then cup the other hand over the other ear on the word "voice" to show listening.

#### I know them

\* Both hands point to the temple of the forehead to show knowing.

# and they follow me.

\* Left thumb out in front and higher. Right thumb circles and moves up toward the left thumb "following" the first one.

# I give them

\* Hands clasped, elbows bent. First swoop right arm from center of your body outward and upward to stop at your head level.

#### eternal life

\* Same as above, but with left hand...swoop left arm from center of your body outward and upward to stop. It is a picture of Jesus on the cross and represents the truth that Jesus' Gift was costly and precious.

### and they shall never perish.

\* Turn in a circle, rejoicing in this everlasting life Jesus provided us!

#### John 10:27-28a

\* Show 10 fingers, then 7, then 8.

# DAY 3

# Opening:

\* Bob head.

#### Psalm 25:9

\* Open hands like jazz hands to the beat of "Twenty-Five, Nine."

# He guides

\* Two hands point up at "He," then out at "guides."

#### the humble

\* Left hand on top, laying flat with palm down. Slide right hand underneath (flat hand, palm down), showing humility requires submitting to God, coming under His authority and protection.

# in what is right

\* Point first fingers on both hands, bounce right hand (at the fist) on top of left hand (at the fist). This is the sign for "right."

#### and teaches them

\* Both hands in the "puppet" position. Fingers flat, bent at the knuckle, thumbs touching first two fingers. We are going to use these hands to show a transfer of information from one person to another. We use this hand position, starting at the forehead (both hands) and move hands out, back in again to the forehead, and out again. Think of a teacher taking information from her head and putting it into the heads of the children.

#### his way.

\* Flat hands, palms facing each other, work together to show a curvy pathway.

#### **Ending:**

\* Like when a toy's battery goes dead, act like you just ran out of power. Slowly hang head and flop arms.

# DAY 4

# John 17:3a

\* Arms folded for John, bounce head. Right hand, palm forward, touch thumb to ring finger and bounce (this is the sign for 17), then show 3 fingers. (In sign language you use the first two fingers and the thumb to show 3.)

#### Now this is

\* At "this" point right hand to floor. At "is" point left hand to floor.

#### eternal life:

\* One finger pointing up goes around twice (like "This Little Light of Mine"). This means forever. With the same hand, pull your first finger in, put your thumb and pinky finger out making a "y," turn your palm to face forward, and slide your whole hand out, away from the person. This means continuous and never ending. Keep this hand up and point for next part!

#### that they know you,

\* Point first finger on right hand up, pointing at the sky by the time you sing "you."

### the only true God,

- \* Point first finger on left hand and point out and then up, pointing at the sky by the time you sing "true."
- \* Both hands come down when you say "God."

# and Jesus Christ...

\* Palms open, taking your pointer or middle finger on one hand, touch the middle of the other hand's palm. This reminds us of the nails in Jesus' hand. Then do the same with the other hand. So that on "Jesus" you touch one palm and on "Christ" you touch the other palm.

# Spoken section:

\* Bend down, with first finger point to your hand 4 times to the music. Point to your temple 4 times. Point to the sky 4 times. Then stand with arms crossed for reference and do 17:3 like before.

# **BONUS SONG**

# 1 Timothy 6:18

\* Start with a hula hand motion, left and then right. On "18" both hands, palms raise in the air, pumping upward.

#### Command them

\* Right hand, pointer finger points to mouth/ chin, then points forward and "lands" on left hand. This is "command" in sign language.

# to do good,

\* Both thumbs up.

# to be rich in good deeds

\* Bend at the knees. With your hands palms down, make them go back and forth. (This is the sign language sign for "do" or "doing".)

### and to be generous

\* Both hands start closed at the heart and open as they alternate right hand, then left hand outward showing "giving" in generosity.

# and willing to share.

\* Both palms up, see saw forward and back toward the body and away from the body, showing "sharing".

# **BONUS SONG**

#### **Psalm 46:1**

\* On "1," palms together at your chest, elbows out. Hands are making a "1."

#### God is our

\* Point up for "God," then thumbs point to self for "our."

### refuge and strength,

\* Step back, cross hands over heart for "refuge," then punch forward for "strength."

# [echo] refuge and strength

\* Fists clasped yell "refuge and strength" while punching the air above your head.

#### an ever-present help

\* Open hands make a big circle up around and down showing "ever-present."

#### in trouble.

\* Flat hands almost karate style in front of face. With palms down and thumbs in tight to the hand, the right hand comes from in front of forehead and moves down in front of chin on "trou-." Then left does the same thing. Moves down from in front of forehead to in front of chin on "-ble." This is actually the sign language word for "trouble."